

SCHOOL EDUCATION PROGRAMME



Premier League
Primary Stars

Crawley Town Community Foundation fuses football and education to provide a range of subjects for pupils to enjoy their academic studies whilst encouraging their participation in physical activity.

We use the power of sport to engage with children from schools with an innovative educational programme covering 10 week modules in **Numeracy**, **Literacy**, **PSHE**, and **Enterprise**.



Crawley Town FC staff provide the lessons using Crawley Town FC and Premier League themed resources to engage with children. Following a 45 minute/1 hour of classroom based activity, the children are taken outdoors or to the hall to reinforce what has just been learnt using a physical activity setting.

At the end of nine weeks in the classroom, the children are invited to the Checkatrade Stadium to participate in a final day of learning and activity in their relative modules, followed by a prize-giving ceremony.

All students will receive a complimentary match ticket for a Crawley Town FC home game as part of the ceremony celebration.

The sessions are particularly engaging for children at risk of being excluded, and can help support improvements in behaviour, attendance and punctuality.

Programme content:

Crawley Town staff led sessions
Crawley Town & Premier League resources
Targeted sessions for disengaged pupils
10-week programme
Classroom and Practical activity
Final celebration day at the Stadium



SCHOOL EDUCATION

EMOTIONAL WELLBEING

The emotional wellbeing of children is a growing concern for parents and schools. Crawley Town is one of a number of professional football clubs working with the Premier League and Government to help tackle this issue in schools in local areas.

As part of our early intervention and prevention plan, we aim to raise confidence, resilience and self-esteem to enable children to develop better relationships, and to improve school performance, including attendance, punctuality, and behaviour

As part of the programme, we:

- Provide bespoke classroom activity to suit your children's needs, to help them to understand their emotions and feelings
- Promote language, understanding and the knowledge and skills to adopt improved thoughts, better behaviours and enhanced strategies to cope
- Will provide a platform for pupils to deal with challenging situations and stay safe
- Encourage a safe, inclusive and open environment
- Cover KS1 to KS4
- Help to stay safe online
- Deliver a 45-minute classroom based session followed by 45 minutes of physical activity
- Provide NHS support in assessment surveys to monitor improvements
- Stage a Graduation Event held at Checktrade Stadium
- Enable opportunities to meet Crawley Town FC players and for tickets to games



EMOTIONAL WELLBEING

PE AND SCHOOL SPORT

Our PE Programme is designed to meet the criteria set by the National Curriculum, together with giving pupils and teachers a fun, progressive and rewarding pathway to leading healthy and active lives.

We offer Key Stage 1 and 2 plans, designed to reach the aims and attainment targets each school sets together with Formative and Summative Assessments for all pupils.

This enables us to chart progression in both the pupil's physical activity and their understanding of the matters and skills covered.



Early Year Foundation Stage:

- A 6 week programme targeting movement and introduction to ABC's (Agility, Balance, Co-ordination)

Key Stage 1:

- A 12-week Multi-Skill module, covering Running, Jumping, Throwing and Catching, Exercise to Music, Invasion Games and Team Games
- Formative Assessments for each participant
- Progression through Autumn, Spring and Summer terms



Key Stage 2:

- 6-week modules in Football, Basketball, Hockey, Tennis, Multi-Skill, Athletics, Exercise to Music, Rounders and Cricket
- Formative and Summative Assessments for each participant

Each programme also offers:

- Assistance in producing a Curriculum Map that suits each school
- CPD, mentoring and upskilling of teaching staff
- Session plans sent at beginning of each term

PE AND SCHOOL SPORT

EXTRA-CURRICULAR SCHOOL PROGRAMME

Crawley Town Community Foundation delivers an extended school sports provision to local independent and state funded schools.

Our bespoke early morning Rise & Shine club, Lunch-Time sessions and After-School clubs have been developed by experienced and highly qualified sports practitioners.

We provide schools with confidence and convenience of a trusted provider for all of our services using qualified, DBS checked, safeguarding and first aid trained coaches.



Our **Rise & Shine** club typically lasts between 45 minutes to 1 hour (before school starts), and we use these clubs to engage children in physical activity to help activate their body and minds to be ready for the day ahead.

Positive effects on children who regularly attend are -

- Better behaviour
- Greater concentration
- Improved attendance and punctuality
- A greater understanding in the importance of healthy eating
- A renewed interest in curriculum subjects
- Breakfast classroom activities around healthy living, sport, diet and nutrition
- Outdoor / Exercise activities – Multi-Sports or Multi-Skills

Perhaps the most popular of our range of services, the **Lunch Time** and **After School** clubs are offered throughout the academic year in 10 to 12 week termly blocks. Both clubs are ideal for laying the foundations for future physical activity participation.



We can cater for all needs, abilities, and year groups, and we can find something to suit everyone.

There are a range of clubs on offer, which supports your extended schools programme and includes a variety of sports and multi-skills sessions.

The clubs are delivered in a positive and inclusive environment where children have the opportunity to learn new skills relating to agility, balance and coordination, and to develop an understanding of communication, cooperation, teamwork and fun through games in a safe environment.

Sports sessions we have provided for schools include -

- Football
- Hockey
- Basketball
- Athletics
- Rounders
- Multi-Skills
- Cricket
- Multi-Sport (invasion games, dodgeball, parachute games etc.)

Anecdotes:

"The children have thoroughly enjoyed the sessions and we have seen a huge confidence boost in terms of our Reception children."
Emily Deadman, Southgate Primary School

"We have loved doing cricket and rounders and the coaches have been fab! The children are sad that this week is their last week of clubs. Thank you so much to all the coaches this summer term"
Sara Smith, The Meads Primary School

"I would just like to say how pleased we all are with the service provided by Crawley Town Community Foundation. They are always punctual, polite and professional. All the children that have taken part have really enjoyed their time with the club and look forward to the next lesson. The club is so popular that we always have a waiting list to join."
Chrissie Morton, Northgate Primary School

"The coaching was very well received and our girls have benefited from it, making some good progress in technical and team skills. This enabled us to improve our performance in the local tournament. The coaches had a good approach and worked effectively with the group. We are pleased to extend our sessions into this year."
Ben Overton, Billingshurst Primary School

EXTRA-CURRICULAR